

Speed-Reading and Comprehension Improvement Program Outline

I. Introduction

- **Remote** tutoring available
- **Overview of materials:** Work with my exclusive guide supplemented by the best available practice exercises, tests, and books; some materials provided on study skills
- **Overview of program:** Strategies, techniques, and steps to master speed-reading
- **Program Length:** Typically 6-8 hours—three or four 2-hour sessions, ideally a week apart

II. Assess starting rates and comprehension

- **Easy reading test:** Words per minute (WPM) and percent comprehension
- **Difficult reading test:** WPM and percent comprehension
- **Students self-assess** strengths and weaknesses on reading and writing skills
- **Set improvement goals**—e.g., **tripling** of rate and **effectiveness** (WPM x comprehension)

III. Necessary comprehension and study skills for speed-reading

- **Pre-read for organization**—preview textbooks, chapters, articles, and narrative works
- **Activate background knowledge**—from coursework, experience, media, work, and travel
- **Question**—all titles, headings, captions, and graphics, and read to answer your questions
- **Recognize key words**— signal and transitional words are essential for comprehension

IV. Phrase reading—reading ideas (meaningful groups of words)

- Vertical phrase reading **exercises**
- Horizontal phrase reading **exercises**

V. Sweep-reading

- **Reading demonstrations**—reading as thinking
- **Easy fiction, 1- and 5-page timings**
- **Easy fiction, 1- and 5-minute timings with summaries**
- **Exercises and timings on informational materials**—WPM and percent comprehension
- **Graph entries** for timings and exercises: WPM, percent comprehension, and effective rate—**ER = WPM x percent comprehension**

VI. Establish final rates and comprehension

- **Easy reading test:** WPM X percent comprehension = **ER**
- **Difficult reading test:** WPM X percent comprehension = **ER**
- **Graph entries** for final tests

VII. Continued improvement

- **Additional books and tests provided** to clients for future practice
- **Tips for ongoing** practice and **improvement**
- **Suggestions for applying** speed-reading to virtually all reading
- **Strategies for applying** speed-reading to passages on standardized tests

VIII. Alternative Programs

- Program may be supplemented with standardized test prep (SAT, ACT, and others), study and note-taking skills, writing, grammar, and/or vocabulary improvement programs

Prince Learning Highlights of Speed-Reading Improvement

Student	Average Starting Effective Rate (ER)* in WPM	Average Final Effective Rate (ER)* in WPM	Percent Increase in ER
Cora	100	650	650%
Nick C	100	625	625%
Roy M	125	750	600%
Erin	150	875	585%
Nick A	100	550	550%
Aaron	100	525	525%
Olivia	250	1300	520%
Skylar	125	650	520%
Liz	150	775	515%
Ceanna	150	725	485%
Ilana C	175	850	485%
Ben H	125	600	480%
David L	125	600	480%
Siobhan	100	475	475%
Nick S	125	575	460%
David B	125	550	440%
Claire	150	650	435%
Jeremy G	150	650	435%
Ally	250	1050	420%
Anna	150	625	415%
Kelsey	200	825	415%
Emily R	250	1025	410%
Duncan	175	700	400%
Sophia	175	700	400%
MEDIAN	≈175	≈650	≈480%
AVERAGE	≈150	≈725	≈485%

*Effective rate (ER) equals rate times comprehension. So, a rate of 250 Words Per Minute (WPM) with a comprehension of 80% yields an effective rate of 200 WPM. All effective rates rounded to the nearest 25.

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